

Welcome to the ICU

The Jack E Zimmerman Intensive Care Unit

3 1/2 Fellows

[GW ICU Rotation Handout](#)

[February Call and Conference Schedules Posted](#)

[ACLS FORMS](#)

[Virginia](#)

[DC](#)

[GWUH Employee](#)



Section Links

- [Schedules](#)
- [Articles](#)
- [Resident Education](#)
- [Research](#)
- [Nursing Page](#)
- [Nurse Education Page](#)
- [Orders & Forms](#)
- [Phone #'s & Pagers](#)
- [Fellowship Information](#)



Forms page - Microsoft Internet Explorer

Address <http://www.gwicu.com/Pages/forms.htm>

Critical Care Admission Orders	Heparin Infusion	Argatroban Orders
ICU Standard Progress Note	IV Insulin Protocol	IV Medication Drip Chart
Procedure Note (print two sided)	ICU Charge Voucher (print two sided)	Brain Death Policy and Protocol
ICU Sedation Orders (orders only, for protocols see the Nursing Page)	Burst- Suppression Protocol	
Cardiothoracic Pre-Op Checklist	Nursing Trasfer Summary	
Cardiothoracic Standard Progress Note	Daily Collaborative Note	

[Home](#)
[Schedules](#)
[Articles](#)
[Resident Education](#)
[Research](#)
[Nursing](#)
[Orders & Forms](#)
[Phone #'s & Pagers](#)

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Start | Internet | 11:37 AM

The Jack E Zimmerman Intensive Care Unit

Nursing Page

Announcements

- [NTI 2004 Conference Form](#)
- [Critical Care January sign off](#)

Critical Care Nursing Progress Note	Cardiothoracic Pre-Op Checklist	Electrolyte Replacement Protocol
Information on the Non-Teaching Service	Nursing Transfer Summary	Intravenous Insulin Protocol
Tracheostomy Information	Heparin Infusion	Burst-Suppression Protocol
Ostomy Supplies	Intravenous Flush Chart	Central Line Policy Quiz
Tracheostomy Study Guide	Tracheostomy Orders	Tracheostomy Documentation
Sedation Orders with Protocol	Argatroban Protocol	Proposed Physician Order Sheet
Advanced Directive		
Proposed Brain Death Policy and Protocol	Controlled Substance Count	IV Medication Drip Chart

Section Links

- [Schedules](#)
- [Articles](#)
- [Nurse Education](#)
- [Research](#)
- [Orders & Forms](#)
- [Phone #'s & Paggers](#)



External Links

- **Your rotation**
 - will be a great experience
 - very different from your usual duties
- **You will learn a great deal**
- **You will become comfortable with caring for critically ill patients**

Goals of The ICU Rotation



icurotation.htm

- ICU is multidisciplinary
 - patients are under the care of the ICU housestaff, usually in collaboration with the admitting service
- Communicate with the admitting service
 - Coordinate care, avoid duplication of efforts
 - Essential when significant changes in clinical status occur
- **Only** ICU Team and occasionally admitting service are allowed to write orders

ICU TEAM

- Attending (Monday switch)
- Critical Care Fellow (Friday switch)
- 4 Residents
(Anesthesia, Surgery, Medicine)
- 3-4 Interns
- ICU Physicians Assistants
- 4th year medical students
- Night Float Fellow

DAILY SCHEDULE

- 0700-0800 – Housestaff pre-round
 - Review overnight events
 - Patient exams and review of pertinent data
 - labs, consults, X-rays, ventilator adjustments, medication changes, extubations, etc..
 - MUST document:
 - Cultures**
 - Antibiotics**
 - Line day #**

ICU STANDARD PROGRESS NOTE. MUST BE SIGNED WITH DATE AND TIME.

ICU#	POD#	S/P
Principal Diagnoses:		
1.	2.	3. 4.
24 ^{hr} Events/Special studies:		
Medications:		
LINES: Central Site(s):		Date(s)
Arterial Site:		Date
		<input type="checkbox"/> Fresh Sock or <input type="checkbox"/> Exchange over guidewire
<input type="checkbox"/> Patient restrained/Indication		<input type="checkbox"/> Patient Isolated/Indication:
NEURO: GCS: E ___ V ___ M ___		Total GCS: ___ PE: ___
Sedation:		
CV: P: ___	BP: ___	MAP: ___ PE: ___
PA CATH PAS/D: ___	WP: ___	CO/CI: ___ SVR: ___ CVP: ___ SVO ₂ : ___ % Lactate: ___
Vasoactive infusions:		
PULM: RR: ___	PE: ___	PulseOx: ___ % Sat CXR: ___
ABG: pH: ___	PaCO ₂ : ___	PaO ₂ : ___ BE: ___
O ₂ : <input type="checkbox"/> Rm Air Nasal Can @ ___ liter/min FM @ ___ %O ₂ <input type="checkbox"/> 100% NRBM Trach Collar @ ___ %O ₂		
Ventilator settings: <input type="checkbox"/> SIMV <input type="checkbox"/> A/C <input type="checkbox"/> CPAP TV: ___ RR: ___ FIO ₂ : ___ % PEEP: ___ PS: ___		
<input type="checkbox"/> Press. Control RR: ___ Insp Press: ___ Insp Time: ___ secs Peak/plateau Pressure: ___		
Head of Bed Elevated $\geq 30^\circ$? <input type="checkbox"/> Yes <input type="checkbox"/> No, Meets phase I weaning criteria? <input type="checkbox"/> Yes <input type="checkbox"/> No (see reverse)		
Nebulizers: <input type="checkbox"/> Albuterol + Atrovent <input type="checkbox"/> Albuterol <input type="checkbox"/> Racemic epinephrine <input type="checkbox"/> q ___ hrs <input type="checkbox"/> continuous		
GI: PE: ___ BM's: ___ GI Prophylaxis: <input type="checkbox"/> Pepcid <input type="checkbox"/> Protonix <input type="checkbox"/> Other: ___		
Nutrition: <input type="checkbox"/> NPO <input type="checkbox"/> PO <input type="checkbox"/> Tube Feeds: <input type="checkbox"/> Low <input type="checkbox"/> Advance <input type="checkbox"/> At goal <input type="checkbox"/> TPN		
Bili(T/D): ___ / ___ AST/ALT: ___ / ___ Alb: ___ AlkPhos: ___ Amylase/Lipase: ___ / ___ Other: ___		
RENAL: I/F: <input type="checkbox"/> NS <input type="checkbox"/> CR <input type="checkbox"/> IZNS <input type="checkbox"/> DW <input type="checkbox"/> Dobe: ___		ID: Tmax: ___ °C
Rate: ___ cc/hr Additives: ___		Cx: ___
24H Colloid: ___ I/O: ___		
NGT: ___ cc Chest tube drainage: ___ cc		Ca ⁺⁺ ___ Mg ⁺⁺ ___ PO ₄ ___
HEME: <input checked="" type="checkbox"/> PRBC: ___ Pts: ___		Antibiotics: Agent/indication/day#
<input checked="" type="checkbox"/> FFP: ___ Cryo: ___		for ___ day #
Bands: ___ % Segs ___ % PT/PTT/INR: ___ / ___ / ___		for ___ day #
D-dimers ___ Fibrinogen ___		for ___ day #
DVT prophylaxis: <input type="checkbox"/> DSCD <input type="checkbox"/> SQHe <input type="checkbox"/> Enoxaparin <input type="checkbox"/> Heparin gtt rate ___ <input type="checkbox"/> Warfarin <input type="checkbox"/> Argatroban gtt rate ___ <input type="checkbox"/> N/A		
Skin-decubiti <input type="checkbox"/> Yes <input type="checkbox"/> No Location: ___ Stage: ___		
A/P:		
Physician Signature: ___ Page#:		
Date: ___ Time: ___ Attending: ___		

All patients need daily Progress Note

DAILY SCHEDULE

- **0800-1130 – Rounds**
 - Interns/students assemble the barge
 - Interns not presenting are responsible for finding the chart and flow sheets for the next patient
 - Order writing is done by anyone not presenting
 - If you have any questions about what to order or you missed something ASK
 - Everyone assists in calling in tests, consults, gathering additional information, keeping rounds moving
 - YOU MUST PAY ATTENTION
 - New admissions are presented in H&P format
 - All others in ICU Standard Progress note format

DAILY SCHEDULE

- 1130 – 1200
 - Signout then post-call team sent home
- 1200 – 1300 Lunch
 - Noon Conference (Tu - Fr)
 - Tuesday – Fellow lecture
 - Alternate Thursdays Journal club and M & M

DAILY SCHEDULE

- 1300 – 1630
 - Work time
- 1600-1630 – Evening signout
 - Review events of afternoon, lab studies, radiology
 - Establish plan for overnight
 - Non-call housestaff leave
- The goal is to get Pre call housestaff out before 1700, but **the patients come first**

Admissions

- All admissions go through ICU (DUCK) Pager
741-1234
- **Duck Pager**
 - Carried by the ICUPA until completion of rounds, sign out and Noon conference
 - Carried by on call resident during the afternoon and overnight
 - Never carried by Intern
- On call resident sees admissions in the ER and Floor
- PACU admits seen by pre call residents and ICUPA
- **OVERALL GOAL:** Take care of patients

Admissions

- The charge nurse must be notified ASAP when an admission is likely
- The fellow must be notified for every admission
- Admitting intern or resident is responsible for ensuring the patient's primary care physician is aware of the ICU admission

Admissions

ICU admission form
 MUST be used if ICU is
 admitting service,
 additional sheets can be
 added

THE GEORGE WASHINGTON UNIVERSITY HOSPITAL
 CRITICAL CARE ADMISSION ORDERS

UHS Patient Identification

Admit ICU Attending: Seneff Junker Chawla Abel Gutierrez Rose

Diagnosis: _____

Need for Critical Care: Respiratory insufficiency Hemodynamic instability Major post-op < 2 days
 Potential for rapid decompensation Electrolyte instability ICP monitoring Suctioning > 2H

Condition: Critical Vital Signs: Per ICU protocol. Continuous cardiac and pulse oximetry

Activity: Bedrest with HOB elevated 30° if intubated Other _____

Isolation: None Contact Airborne Neutropenic Restraint: None Per restraint protocol

ALLERGIES: _____ NKDA Unknown

Nursing: NGT to LCS Foley catheter to gravity Chest tube to 20 cmH₂O suction other: _____

Diet: NPO clear liquids other: _____

GI Prophylaxis: Protonix 40 mg IV Daily Other: _____

IVF: NS LR 1/2NS D₅W Add per Liter IVF: 20mEq KCL 1 1/2 Amps bicarb 3 Amps bicarb
 Bolus: _____ cc X _____ now, then Rate: _____ cc/hr

O₂: Nasal cannula @ _____ liter/min FM @ _____ %O₂ 100% NRBM

Ventilator settings:
 SIMV A/C TV _____ ml RR _____ bpm PS _____ cmH₂O FIO₂ _____ % PEEP _____ cmH₂O
 Hi-Lo Evac ETT to 20 cmH₂O
 BiPAP at: Ins _____ Exp _____ FIO₂ _____ %

Nebulizers: Albuterol+Atrovent Albuterol Racemic epinephrine per nebulizer protocol
 q _____ hrs continuous _____

Tests on arrival: Metabolic panel Chem 7 Mg++ CBC PT/PTT ABG
 MvO₂ Sat Cardiac enzymes Lactate Random cortisol level T&S T&C X _____ units
 EKG PCXR, R/O _____ Other: _____

Tests in AM: Metabolic panel Chem 7 Mg++ CBC PT/PTT ABG
 Cardiac enzymes Lactate Random cortisol level T&S T&C X _____ units
 EKG PCXR, R/O _____ Other: _____

Protocols: Electrolyte Intravenous insulin Sliding scale insulin Intravenous heparin Sedation

DVT prophylaxis: check one
 Lovenox 40 mg SC Daily Lovenox 30 mg SC Daily for Cr > 2.0 QR SCD

Other Orders / Medications:

Physician Signature: _____ Pager#: _____ Date: _____ Time: _____
 Nurse Signature: _____ Date: _____ Time: _____

MEDICAL DATA BASE



75024A

(PATIENT IDENTIFICATION)

PATIENT NAME

DATE

INFORMANT

CHIEF COMPLAINT

HISTORY OF PRESENT ILLNESS

REQUIRED for
ICU primary from ER
Psych
Rehab
Outside hospital transfers

PROGRESS NOTES



75129

(PATIENT IDENTIFICATION)

ALL PROGRESS NOTES MUST BE SIGNED WITH DATE AND TIME

1/24/05 S ICU ACCEPT NOTE
82 y.o. woman E PMH of asbestopneiosis s/p ex-lap, resection of sigmoid diverticulitis, diverting colostomy & Hartmann's pouch. Pt originally presented to ED on 1/22 E acute onset abd pain. ⊕ vomiting. On CXR, abd series pt found to have free air beneath the diaphragm. CT showed sigmoid inflammation E free air. Pt taken to OR immediately. Intraop, pt found to have stool throughout abdomen, perf in sigmoid colon, stool @ vocal cord level on intubation. Surgery done by Brodsky E ERL 300 cc.

0 vs P132 BP 160/102 RR 12
BEN intubated
CV regular, tachy ⊕ murmur
Pulm clear on A/C P500/RR12/W% F102/RRP5
Abd ⊕ IP drain. ⊕ hardy ⊕ D/I. ⊕ colostomy & colostomy bag
Dist ⊕ tender

labs 1/20 s 4p	141	101	20	9.9	T.Bil: 6.5	Alk @ 43	14.5
	3.6	27.7	0.0	16.7	Alb 4.3	ACT 24	45.1
						AST 27	46

lactate 5.5

82 y.o. E sigmoid diverticulitis E perf s/p resection of sigmoid diverticulitis (diverting colostomy) E Hartmann's pouch.
Med: ~~propofol~~ propofol, fentanyl for sedation & pain. ~~the PK catheter. Gut lav~~
CV: stable. Cont IVF D5/10 TLC prn. ~~CC. ✓ CXR. ^{no significant findings}~~
Pulm: ^{2 year status P22 VPSor} Cont vent at current setting, ✓ ABG ✓ POX2 v/o aspirating of
GI: ~~the~~ NPO. s/p operation E Start Puraax. NBT to suction. fecal output
Overall: stable.
Hem/ID: Follow H/H. Broad spectrum Abx IV. Follow lactated electrolytes
F/E/N: IVF D5LR @ 150 cal. Life protocol.

J. P. Kelly, MD

3.12 11 142 14 5 292 lactate 5.0 pH 7.186/49/273/-9.6/89.2%
257 32 22.6 0.9

ALL PROGRESS NOTES MUST BE SIGNED WITH DATE AND TIME

REQUIRED for
post-op / PACU
transfers from floor
CCU or CT transfers

ANESTHESIOLOGY
PREOPERATIVE EVALUATION



75-800A

SN 562

PATIENT IDENTIFICATION

CARDIOVASCULAR (NONE)

- A Hypertension
- B Chest pain undiagnosed
- C Coronary artery disease
- D Angina
- E Prior MI (date)
- F SP PTCA (date)
- G SP bypass (date)

Evaluation:

- H Pericardial disease
- I Congestive heart failure
- J Hypotension
- K Arrhythmia (type)
- L Pacemaker (type)
- M Congenital heart disease
- N Functional class I II III IV

Exercise tolerance

- O Other:

PULMONARY (NONE)

- A Asthma
- B COPD
- C Cigarettes _____ pack year
- D Restrictive lung disease
- E Pneumonia
- F Acute LRI
- G Sleep apnea
- H Other:

RENAL (NONE)

- A Renal insufficiency
- B Renal failure, complete
- C Single kidney
- D Other:

METABOLIC (NONE)

- A Obesity
- B Electrolyte abnormality
- C Cachexia/muscle wasting
- D Burn (date)
- E Other:

NEUROLOGIC (NONE)

- A Vascular insufficiency
- B Altered consciousness
- C Elevated ICP
- D Spinal cord problem
- E Seizure disorder
- F Neuromuscular disorder
- G History of CVA/TIA
- H Vascular abnormality
- I Backache
- J Other:

GI (NONE)

- A Reflux
- B Hiatal hernia
- C Ulcer
- D GI bleed
- E Esophageal disease
- F Nausea/vomiting
- G Obstruction/ileus
- H Hepatitis
- I Cirrhosis
- J Other:

ENDOCRINE (NONE)

- A Diabetes *NIDDM*
- B Hypothyroid
- C Hypothyroid
- D Adrenal disease
- E Parathyroid
- F Other:

RHEUMATOLOGY (NONE)

- A Rheumatoid arthritis
- B Systemic lupus
- C Other:

HEMATOLOGY/ONCOLOGY (NONE)

- A Anemia/abnormal dyscrasias
- B Sickle cell disease
- C Sickle cell trait
- D Malignancy
- E Hx chemo (7 adjuvant?)
- F Coagulopathy/thrombocytopenia
- G Other:
- H HIV +

Age 87 YR
Sex M
Females IMP Freq. Y N
Wt 115.4 lb Ht 5'5 in.
Race B W Other _____

Date of evaluation 10.1.2012 Date of surgery 10.1.31.12
Diagnosis Cholecystitis
Scheduled procedure At Chole - Cholangiogram

Alcohol None Social Heavy
Drugs: None
FAMILY HISTORY: None
 Anesthesia problems

IF Yes Specify:
AIRWAY EVALUATION: Airway class 3 2 3 4
A Dec. ROM neck/mandible
B Anatomic distortion
C Hoarse, croup, stridor
D Poor dentition
E Tracheostomy/T tube
F Other:
G Nasal
H Dental appliance: Location ↑↓
Hair: _____
Lungs: _____

MEDICATIONS: None
Drug: _____ Schedule: _____
Mendil
Zocor
Ascardis
HCTZ
Pemolin
Zofran
ALLERGIES/DRUG REACTIONS: NKA
List drugs and reactions

ANESTHESIA HISTORY

complications none

PAST SURGICAL HISTORY
Eye removal 2" to keloid
Neptreyburg (1990)
Partial Mastectomy (Breasts)

NARRATIVE SUMMARY MEDICAL HISTORY:
87yo F w/ HTN, NIDDM, & gallstone dx.

EXAM/LAB DATA:
BP 101/53/94 HR 64 RR 18
PT 12 Pt 29 29

SP --- CXR Normal LFT's
Hb --- EKG No Δ in ECG from 9/6/99.
Ht --- ECHO US - Gall stones
T ---
SAT --- GATH

ASA: 1 2 3 4 5 6 E
Pain management options discussed?

REVIEW BY OR TEAM: NPO: A Time NPO: _____
Evaluation and plan:
84yo F, HTN
single kidney
GERD explained

Patient acceptance: OK
Asking for blood: OK T&C
Signature: [Signature] Date: 10/1/12

Signature: [Signature] Date: 10/1/12

PACU NOTE: Delivered to PACU
Transfer to ICU w/ Out markers

Physician Signature: _____
POST-OP NOTE: Date: _____ Time: _____
Physician Signature: _____

Pre-Op Information

ANESTHESIA RECORD



75-800B

DATE: 10/31/06

PATIENT IDENTIFICATION, PREPARED BY, EFFECT, ANES CODE, ATT. SURGEON, ANESTHESIA CODE, TIME GOING, DRUG SENSITIVITY, AMES CARE TEAM, PHYSICAL STATUS, PT. IDENTIFIED, CONSENT PRESENT, CHART REVIEWED, LAST PO INTAKE

Main data table with columns for TIME, O2, SpO2, HR, BP, RR, PEEP, TEMP, MAP, etc. Includes handwritten entries and a graph for ET CO2.

REGIONAL, TRANSPORTATION, RELAXANT REVERSED, RECOVERY, CONDITION, POSITION, NEEDLE, TEST DOSE, ANES LEVEL, CATH OUT INTACT, POST OP. ANALGESIA, COMMENTS

REMARKS: Pt seen in preop; chat renewed; PIV consent; 3x 200L smallest volume induction; 0.910 for break; End e 0.045; 0.035 for break; 0.03; 0.038; 0.03; 0.038; at induction + induced anal

Anesthesia Record



WASHINGTON UNIVERSITY HOSPITAL
 POST ANESTHESIA CARE RECORD
 UHS
 343207A

PATIENT IDENTIFICATION
 NAME: [Redacted] TIME: [Redacted]
 ROOM: [Redacted] OPERATING ROOM: [Redacted]

ALLERGENS: [Redacted] PT HISTORY: [Redacted]
 ALLERGY BAND Y: [Redacted] NAME BAND CHECK: [Redacted]

ANESTHESIA		INTAKE		OUTPUT	
DRUG	DOSE	TIME	AMOUNT	TIME	AMOUNT
CHLORALDRATE	25mg	12:00	250		
LYNOL	10mg	12:00	200		
CRYSTALLINE	50mg	12:00	1000		
COLLOID					
EBL	15				
USP	200				
ANTIBIOTIC					
VERBID					
PENTHRAL					
MORPHINE					
ANTIBIOTIC					

LAB RESULTS

TIME	TEMP	HR	BP	ALPR	PULSE
12:00	37.0	90	120/80	0.8	90
12:15	37.0	90	120/80	0.8	90
12:30	37.0	90	120/80	0.8	90
12:45	37.0	90	120/80	0.8	90
13:00	37.0	90	120/80	0.8	90
13:15	37.0	90	120/80	0.8	90
13:30	37.0	90	120/80	0.8	90
13:45	37.0	90	120/80	0.8	90
14:00	37.0	90	120/80	0.8	90
14:15	37.0	90	120/80	0.8	90
14:30	37.0	90	120/80	0.8	90
14:45	37.0	90	120/80	0.8	90
15:00	37.0	90	120/80	0.8	90
15:15	37.0	90	120/80	0.8	90
15:30	37.0	90	120/80	0.8	90
15:45	37.0	90	120/80	0.8	90
16:00	37.0	90	120/80	0.8	90
16:15	37.0	90	120/80	0.8	90
16:30	37.0	90	120/80	0.8	90
16:45	37.0	90	120/80	0.8	90
17:00	37.0	90	120/80	0.8	90
17:15	37.0	90	120/80	0.8	90
17:30	37.0	90	120/80	0.8	90
17:45	37.0	90	120/80	0.8	90
18:00	37.0	90	120/80	0.8	90
18:15	37.0	90	120/80	0.8	90
18:30	37.0	90	120/80	0.8	90
18:45	37.0	90	120/80	0.8	90
19:00	37.0	90	120/80	0.8	90
19:15	37.0	90	120/80	0.8	90
19:30	37.0	90	120/80	0.8	90
19:45	37.0	90	120/80	0.8	90
20:00	37.0	90	120/80	0.8	90
20:15	37.0	90	120/80	0.8	90
20:30	37.0	90	120/80	0.8	90
20:45	37.0	90	120/80	0.8	90
21:00	37.0	90	120/80	0.8	90
21:15	37.0	90	120/80	0.8	90
21:30	37.0	90	120/80	0.8	90
21:45	37.0	90	120/80	0.8	90
22:00	37.0	90	120/80	0.8	90
22:15	37.0	90	120/80	0.8	90
22:30	37.0	90	120/80	0.8	90
22:45	37.0	90	120/80	0.8	90
23:00	37.0	90	120/80	0.8	90
23:15	37.0	90	120/80	0.8	90
23:30	37.0	90	120/80	0.8	90
23:45	37.0	90	120/80	0.8	90
00:00	37.0	90	120/80	0.8	90

ANESTHESIOLOGIST'S ORDERS / NOTES

ORDER	TIME	PHYSICIAN
1. Fentanyl 5mg IV for pain rated 4-10/10 If pain rating remains 4-10/10, may repeat dose every 5 minutes 5 times		
2. Morphine Sulfate 2mg IV for pain rated 4-10/10 If pain rating remains 4-10/10, may repeat dose every 10 minutes 5 times		
3. Propofol 20mg IV		
4. D/C w/ Mag and KCl		



PACU Record

Orders

- Must follow the standard unit designation
(list of prohibited abbreviations on Orders Page)
- No PRN medication ranges w/o strict clarification
 - Labetalol 10 mg iv q2H for SBP>180 & 20 mg q2H for SBP>190
 - **Not** labetalol 10-20mg IV 22H for SBP>180

ORDERS

All orders require:

- Signature
- Pager number
- Date
- Time
- Stamp

Please write legibly

Ask for help if you

do not know

75017		GEORGE WASHINGTON UNIVERSITY HOSPITAL	PHYSICIAN ORDER SHEET
DATE	TIME	Patient Identification	
7/15/02	1625		
Give something amine dose 5mg IV x 1			
NURSE SIGNATURE		PHYSICIAN SIGNATURE/BEEPER #	
Morales, M		Junker 1141	
Date: 7-15-02	Time: 1700	Required for countersignature on telephone/verbal orders: Date: _____ Time: _____	
DATE	TIME	Patient Identification	
7-18-02	1800		
V.O. Dr Junker: give MSO4 2mg IV q 2° prn for pain.			
NURSE SIGNATURE		PHYSICIAN SIGNATURE/BEEPER #	
Morales, M		Junker	
Date: 7-18-02	Time: 1800	Required for countersignature on telephone/verbal orders: Date: 7/18/02 Time: 2135	
DATE	TIME	Patient Identification	
NURSE SIGNATURE		PHYSICIAN SIGNATURE/BEEPER #	
Date: _____	Time: _____	Required for countersignature on telephone/verbal orders: Date: _____ Time: _____	

Verbal Orders

- Should only be given in emergency situations and not used as a convenience
- Do not handle problems over the phone from the call room, our nurses do not call more than once for a trivial problem
- Verbal orders must be countersigned with date and time within 24 h
- On rounds, sign verbal orders from overnight

Protocols and Extra Forms

- Electrolyte
- Sedation
- Heparin
- Insulin
- Withdrawal of support

- Transfusion
- Antibiotics
- Nebulizers
- IR
- TPN

Labs

- Do not assume that every patient needs every lab test every day

AVOID MEDICAL VAMPIRISM

- Not every patient needs a daily chest X-ray
- Very few vent changes require an ABG
- Not all patients need arterial catheters or central lines

Procedures

- Safety is the primary concern
- Do not attempt a procedure that you are not familiar with or certain about

GET HELP

- All invasive procedures require a standard procedure note

DATE: _____ TIME: _____ PROCEDURE NOTE

- Patient ID verified by two identifiers
- Time out conducted immediately prior to starting procedure to verify correct patient, procedure, site and necessary equipment.

CVP/Pulmonary artery catheter

Transvenous pacemaker/Hemodialysis catheter

Indication: _____

- Fresh Stick or Exchange over guidewire

Device: AVAD Edwards TLC Arrow Introducer

VIP Swan Pacing Swan Regular Swan

HD catheter - 12 16 20

Anatomic location Left Right

Subclavian Int Jugular Femoral Ext Jugular

Analgesia: _____

Technique: Prep and full body drape Emergency Prep

Seldinger over wire technique

Wire out? Yes N/A

CXR: N/A Yes, result: _____

Complications: _____

Endotracheal intubation

Indication: _____

- Pre O2 Cricoid pressure

Induction: _____

- Mask vent Easy Difficult

Airway Oral Nasal

ETT # _____ @ _____ cm

Oral Nasal Trach

- Awake Rapid Sequence Direct Vision

Blind Fiberoptic Stylette

Blade: Mac Miller # _____ Attempts _____

Grade: I II III IV

CXR: Yes, result: _____

Complications: _____

Arterial line

Indication: _____

- Frequent blood sampling
- Hemodynamic instability

Device: _____

Anatomic location: Left Right

Radial Brachial Femoral Other: _____

Analgesia: _____

Technique: Prep and drape

Seldinger over wire technique

Complications: _____

Lumbar puncture

Indication: _____

Position: Left Lateral Right Lateral Upright

Technique: Prep and drape

Analgesia: _____

Interspace: _____ Needle: _____

Opening pressure: _____

Fluid quantity: ___cc Appearance: _____

Sent for:

- Gram stain C&S Cell count

- Protein Glucose India ink

Other _____

Complications: _____

Drains:

- Chest tube Thoracentesis Pericentesis

Device: Chest tube FR: ___ Str Angled

Anatomic location: _____

Indication: _____

Analgesia: _____

Technique: _____

CXR: N/A Yes, result: _____

Complications: _____

Other:

Device: _____

Anatomic location: _____

Indication: _____

Analgesia: _____

Technique: _____

Radiological Exam: CXR CT scan other: _____

Complications: _____

Operator: _____

Signature: _____

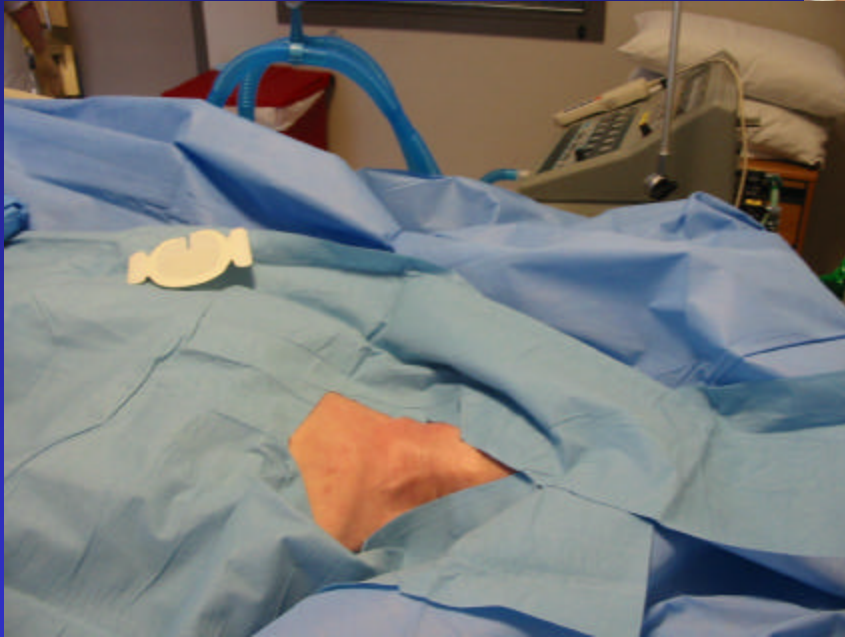
Attending: _____

Signature: _____

**Multiple procedures
can be documented
on 1 form**

Infection Control

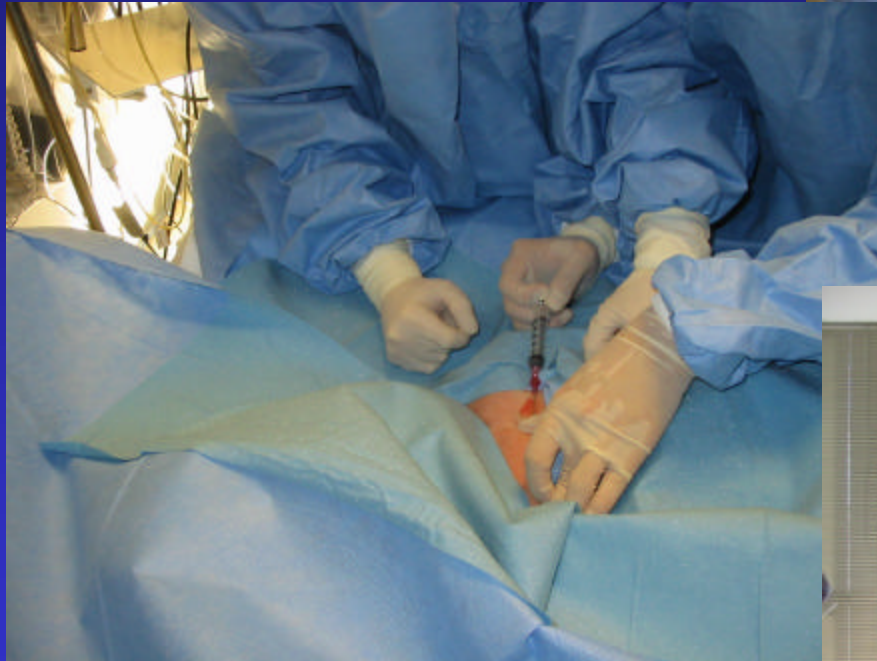




Preferred practices



Preferred practices

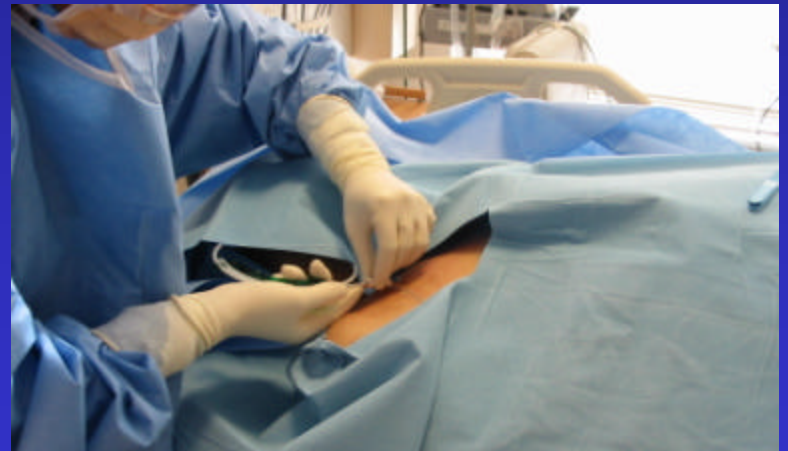


**Clean up
your mess**





Bad form



IV Medication Drip Chart



IV Medication Drip Chart.htm

Discharges

- **Transfer notes - Medicine ONLY**
 - summarize important events and ongoing issues
 - provide information essential for continuity of care
- The TR should be notified early in the day when a medical patient is ready for discharge
- Call early when ICU is full

Dress Code

- Business attire preferred when not on call
- Scrubs must be worn with white coat
 - No sweats or t-shirts worn outside scrubs
 - No mixed scrubs and street clothes
- Nose, lip, and tongue piercings must be discreet and tasteful

Nursing

- ICU nurses work here permanently
- You are the visitor
- If a nurse questions an order, always reconsider it
- There is a charge nurse for every shift
 - They are chosen for their experience, and are a valuable resource for both in unit operations and specific patient difficulties

Nursing

- Barbara Jacobs director of Nursing and Respiratory Therapy. She has the ultimate 24/7 responsibility for the nursing care in the unit.
- Barbara Jacobs and the Charge nurses have a large responsibility for maintaining many of the standards here in the ICU.

Nursing

- Nursing shift changes occur at
0700-0730 and 1900-1930
 - An important time for to relay patient information
 - Do not interrupt the nurses or take flow sheets and charts at this time
 - The entire report on a particular patient takes about 10 minutes if the nurses are not interrupted

Nursing

- Provide valuable information about patients
- Usually present on rounds
- Keep nurses informed
- Tell them about any new orders

Relations with other services

- Keep the primary service informed of status
- Do not engage in prolonged controversies with consultants
- Involve the fellows, who can mediate and facilitate a spectrum of clinical and personal issues.

Relations with families

- Be careful about the information you provide to families, especially concerning prognosis
- When families are frustrated or hostile, allow the fellow or attending to speak with them to avoid mixed messages whenever possible
- Keep the case manager informed about family dynamics
- If you are uncomfortable or unsure about discussions involving prognosis

KICK IT UPSTAIRS

Ventilators

- Respiratory therapists are in charge of all ventilators and O2 equipment 24/7
- They assist with treatment decisions, assist with intubations, extubations, and codes
- **Only the ICU attending and fellow may make ventilator changes**
- All others must inform the respiratory therapist
- Make sure that the nurse is aware of all ventilator changes.
- Write orders for all vent setting changes

Code Blue

- ICU team attends all codes
- Call the team if anyone is missing
- If no one else has taken charge – you do it
- On the floor – attendance will depend on time of day
 - Critical care nurse always present to help you out
 - An anesthesiologist will arrive quickly
 - Eventually you will likely take the patient to the ICU so stick around
- In ICU – the attending, fellow, or resident is in charge
- Gold team carries the code pagers and will attend
- The entire team does not need to attend the codes when they occur during rounds

ICUPA Service

- In house 8am-6pm, daily, except holidays
- Sees new consults and follows ICUPA patients
- When PA Service is already seeing acutely ill pt, a resident may see an admission or consult
- Patients #25-34 are assigned by fellow to PA Service
- The PA follows these patients during the day and sign the patients out to depart at 6pm.
- To avoid frustrating the nursing staff, please address ANY critical issues
- Routine matters can be directed to the PA's but offer to help

GOLD Team Consults

- All Gold Team patients on a ventilator are required to have an ICU consult
- The ICUPA Service will see new consults and follow
- Overnight consults should be seen by the nightfloat fellow
- If no in-hospital fellow, then the resident briefly evaluates, and make recommendations after talking with the fellow
- Resident DOES NOT have to do the official consult
- The PA Service will take over in the morning, be sure to have the intern update the census

Deaths

- The death packet **MUST** be filled out
- The physician section **NEEDS** to be filled out by the person pronouncing death = **YOU**
 - Time of death recorded in progress notes
 - Family notified – do not forget to ask about autopsy so we can avoid repeat calls
 - Attending notified – document once you tell the fellow
 - Autopsy ? – Ask the family
 - Call medical examiner if appropriate – LIST in packet
 - ANY death from trauma, ICH or ETOH **MUST** be reported to medical examiner
- Fellows / Attendings are responsible for signing death certificate and causes of death
- The intern or resident on for the day will usually be assigned the discharge summary

THE GEORGE
WASHINGTON
UNIVERSITY
HOSPITAL



Patient Name Plate

DEATH CHECKLIST AND INFORMATION SHEET

RN RESPONSIBILITY	DATE	TIME	SIGNATURE
1. Admitting Dept notified.			
2. Washington Regional Transplant Consortium (WRTC) notified. (703-641-0100) Whom?			
3. House Operations Supervisor or Director/designee notified			
4. Patient discharged from computer using death codes. Discharge time entered in the computer = <u>actual time of death.</u>			
5. Body to morgue			

PHYSICIAN PRONOUNCING DEATH RESPONSIBILITY	DATE	TIME	SIGNATURE
1. Time of death recorded in progress note			
2. Attending physician notified			
3. Family notified (or verification that family will be notified by another physician i.e. attending)			
4. FOR EVERY PATIENT , Medical Examiner (OCME) sheet completed and OCME notified when appropriate Office of Chief Medical Examiner - 202-698-9000			
5. FOR EVERY PATIENT , autopsy requested if not a Medical Examiner's case (form "Disposition of Remains")			

ATTENDING PHYSICIAN OR PHYSICIAN WITH CURRENT D.C. LICENSE RESPONSIBILITY	DATE	TIME	SIGNATURE
1. Death certificate signed			
2. Death certificate reviewed with OCME as appropriate			

*If patient meets Medical Examiner acceptance criteria, please inform family that they will be called by the Medical Examiner's office and that someone will need to identify the body at their office. The person identifying the body can be anyone who can definitively identify the body and give patient's full name. The person identifying the body, also, must have identification of their own.

EMERGENCY DEPARTMENT STAFF	DATE	TIME	SIGNATURE
MEDICAL EXAMINER NOTIFIED			
2 ND DISTRICT NOTIFIED			

Evaluations

- After 2 weeks on the ICU rotation
 - contact the fellow from first week for informal feedback
 - Attendings complete official evaluation



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